

**UNIVERSITY OF WASHINGTON  
DEPARTMENT OF OBSTETRICS AND GYNECOLOGY**

**IMPLANON AFTERCARE INSTRUCTIONS**

1. You may have some pain at the site of the Implanon insertion. You can help relieve the discomfort with Tylenol (acetaminophen), Aspirin or Advil (ibuprofen). If your discomfort worsens or you notice redness spreading on the skin around the insertion site, please call the clinic.
2. Irregular bleeding is common with Implanon, especially in the first 6–12 months of use. After one year, approximately 20% of women who use Implanon will stop having periods completely. Some women have longer, heavier periods. Some women will have increased spotting between periods. You may find that your periods may be hard to predict.
3. The Implanon does not protect against sexually transmitted infections including the AIDS virus (HIV), warts (HPV), gonorrhea, Chlamydia, and herpes. Condoms should be used to decrease the risk sexually transmitted infections. If you think that you have been exposed to a sexually transmitted infection, please call the clinic.
4. If you had Implanon placed for birth control, it is effective immediately if it was inserted within five days after the start of your period. If you have Implanon inserted at any other time during your menstrual cycle, use another method of birth control, like condoms for at least 7 days.
5. The Implanon should be removed and/or replaced by a health care provider after three years.

**Warning Signs**

Call the clinic if any of the following occurs:

- You have bleeding, pus, or increasing redness, or pain at insertion site.
- You have fever or chills
- The implant comes out or you have concerns about its location.
- You have a positive pregnancy test or suspect you might be pregnant.