

## Drug Abuse Screening Test (DAST-10)

The following questions concern information about your possible involvement with drugs not including alcoholic beverages or nicotine during the past 12 months.

“Drug abuse” refers to (1) the use of prescribed or over-the-counter drugs in excess of the directions, and (2) any nonmedical use of drugs.

The various classes of drugs may include cannabis, tranquilizers (e.g. Valium), barbiturates, cocaine, stimulants (e.g. methamphetamine), hallucinogens (e.g. LSD), opioids (e.g. non-medical use of drugs such as OxyContin or use of heroin) or solvents (e.g. paint thinner). Remember that the questions do not include alcoholic beverages or nicotine.

In the past 12 months...			
1.	Have you used drugs other than those required for medical reasons?	Yes	No
2.	Do you abuse more than one drug at a time?	Yes	No
3.	Are you unable to stop abusing drugs when you want to?	Yes	No
4.	Have you ever had blackouts or flashbacks as a result of drug use?	Yes	No
5.	Do you ever feel bad or guilty about your drug use?	Yes	No
6.	Does your spouse (or parents) ever complain about your involvement with drugs?	Yes	No
7.	Have you neglected your family because of your use of drugs?	Yes	No
8.	Have you ever engaged in illegal activities in order to obtain drugs?	Yes	No
9.	Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	Yes	No
10.	Have you ever had medical problems as a result of your drug use (such as memory loss, hepatitis, convulsions, bleeding)?	Yes	No